

Lent is a special time during which we give pause each day to consider how we are in relationship to God, others and this most beautiful world with which he has blessed us. Especially during this Jubilee Year of Mercy we consider how we might change our hearts and our habits to make our world a better place. With the words of *Misericordiae Vultus* echoing within us we pause each day to do something small and perhaps affect something big. “The Church is commissioned to announce the mercy of God, the beating heart of the Gospel, which in its own way must penetrate the heart and mind of every person....We want to live this Jubilee Year in light of the Lord’s words: Merciful like the Father.” *Misericordiae Vultus* [Bull of Indiction of the Extraordinary Jubilee of Mercy], Pope Francis, April 11, 2015

Lent 2016

			Wednesday	Thursday	Friday	Saturday
Sunday	Monday	Tuesday	February 10	11	12	13
			Ash Wednesday Attend a service today.	Discuss with your family what it means to show mercy.	Think about all the ways that God has blessed you.	Knowing how much you are blessed, give something to someone else.
14	15	16	17	18	19	20
Have you ever been tempted? How did you face that temptation?	#John3:16	Learn the <i>Spiritual Works of Mercy</i> . 	Help someone who needs your advice today.	Pray for someone who needs God’s guidance.	Plan to attend Stations of the Cross today. (7:00 PM)	#Mark10:45
21	22	23	24	25	26	27
How can you listen more carefully to Jesus today?	Plan to attend at least one of the evenings of the parish mission – check the website.	Pray the <i>Our Father</i> and ask God to give you the gift of patience today.	Celebrate your family today! 	Pray for someone who has died and for the loved ones who grieve.	#Romans12:5	Take a walk together and pick up trash as you go to care for the earth.
28	29	March 1	2	3	4	5
Read about the 10 Commandments today. (Exodus 20:1-17) 	Could you invite someone new to your family Easter dinner?	Do something special for a neighbor you know who may be lonely.	Is there someone you need to forgive? Today is the day.	Learn the <i>Corporal Works of Mercy</i> . 	Do you have time for God today? Adoration is from 2:30-6:00. 	Donate some food to the local food pantry.
6	7	8	9	10	11	12
How can you share Christ’s love with others?	#Romans4:8	How can your family conserve water? What habits would you need to change?	Pray for families who have to leave their homes because of war.	#Matthew10:27	Have a family sharing night where each shares a favorite Jesus story.	As a family, visit someone who has been ‘shut-in.’
13	14	15	16	17	18	19
How do others see Christ through you?	Can you do without something today and put the money you save in the Poor Box in church?	Perform a small act of kindness today – like letting someone go ahead of you in line.	 Say the rosary together as a family today.	How can you put the needs of others before your own needs?	Talk as a family about one way that you can do something for the poor.	Ask God’s blessing for the person you like the least.
20	21	22	23	24	25	26
Passion Sunday Consider participating as palm wavers at mass this weekend as a family. 	Pray for people in hospitals and nursing homes.	#Mark8:34 	Talk as a family about how you can continue to make the Year of Mercy matter.	Holy Thursday Attend the Holy Thursday service this evening.	Good Friday Attend a Good Friday service or Stations of the Cross today.	Holy Saturday Pray for all those being received into the Church tonight.